



13 APRIL 2012 (FRIDAY)

08.30-09.30	Registration & Morning coffee	
09.30-11.50	WELCOME MESSAGES FROM EFIC & SITUATION IN BALTIC COUNTRIES	
09.30-09.45	Welcome to Pain in the Baltics 2012	The Organizers
09.45-10.00	Pain medicine in Europe	C.Wells (EFIC, United Kingdom)
10.00-10.30	Education in pain medicine	E.Alon (EFIC, Switzerland)
10.30-10.55	Social & psychological aspects of pain	Al.Danilov (Russia)
10.55-11.05	Pain medicine in Lithuania: an update	A.Vaitkus (Lithuania)
11.05-11.15	Pain medicine in Latvia: an update	I.Logina (Latvia)
11.15-11.25	Pain medicine in Estonia: an update	B.Gabovich (Estonia)
11.25-11.50	Pain medicine situation in Poland	J.Dobrogowski (Poland)
11.50-12.30	Lunch & Industrial exhibition	
12.30-14.50	PHARMACOLOGY & GENETICS	
12.30-13.00	Phenotyping and genotyping of chronic clinical pain	I.Belfer (USA)
13.00-13.30	Genetic markers of the persistent postsurgical pain	Y.Kolesnikov (Estonia)
13.30-14.00	Neuropathic pain guidelines	R.Casale (Italy)
14.00-14.25	Use of opioids: are we getting it right?	C.Wells (EFIC, United Kingdom)
14.25-14.50	Etoricoxib for low back pain pharmacological treatment: integrating evidence into clinical practice	D.Jatuzis (Lithuania)
14.50-15.20	Afternoon coffee & Industrial exhibition	
15.20-16.45	NEUROMODULATION ADVANCES IN BALTIC COUNTRIES	
15.20-15.45	Spinal cord stimulation for pain management	G.Spincemaille (Belgium)
15.45-16.00	Spinal cord stimulation experience in Latvia	I.Golubovska (Latvia)
16.00-16.25	Intrathecal drug delivery for pain management	G.Spincemaille (Belgium)
16.25-16.45	Intrathecal baclofen therapy for spasticity experience in Lithuania	J.Kesiene (Lithuania)
16.45-17.15	Afternoon coffee & Industrial exhibition	
17.15-18.30	PAIN MECHANISMS AND THERAPIES	
17.15-17.35	Psychological interventions for pain	S.Birbilaite (Lithuania)
17.35-17.55	Placebo effect in patients with intractable pain	A.Przeklasa-Muszynska (Poland)
17.55-18.15	Application of opioid detoxification in pain management	R.Badaras (Lithuania)
18.15-18.30	Chronic pain and medicine use among adolescents in Latvia from 1994 to 2010	I.Gobina (Latvia)
19.30-21.30	Concert & Get together party	



IT IS TIME TO MAKE
A PROGRESS!

14 APRIL 2012 (SATURDAY)

09.00-10.40	INTERVENTIONAL PAIN MANAGEMENT AND SURGERY		9.00-10.30 Interactive course Neuropathic pain: assessment, diagnostics, and management <i>Presented by Lithuanian Pain Society</i>
09.00-09.20	Pulsed radiofrequency therapy	M.Arons (Latvia)	Introduction: main clinical issues inside neuropathic pain. A.Sciupokas (Lithuania) 10min. Dilemmas within clinical examination and diagnostics of neuropathic pain K.Petrikonis (Lithuania) 20min. Difficult neuropathic pain patient: case presentations. R.Casale (Italy) 20min. Managing of neuropathic pain patients: challenges in pharmacotherapy. An.Danilov (EFIC, Russia) 20min. Panel discussion
09.20-09.40	Surgery for trigeminal neuralgia	A.Sitkauskas (Lithuania)	
09.40-10.00	Epidural steroid injections: known & unknown	A.Vaitkus (Lithuania)	
10.00-10.20	Percutaneous laser disc decompression: prospective outcome and limitations for the surgery	G.Terbetas (Lithuania)	
10.20-10.40	Ultrasound for interventional pain procedures	I.Evansa (Latvia)	
10.40-11.00	Coffee & Industrial exhibition		
11.00-13.05	BACK PAIN		
11.00-11.20	Lumbar radicular pain patterns		K.Petrikonis (Lithuania)
11.20-11.40	Patients after whiplash trauma: long-term outcomes		I.Bileviciute-Ljungar (Sweden)
11.40-12.00	Low back pain: social and psychological influences		D.Smite (Latvia)
12.00-12:15	Effectiveness of the out-patient multidisciplinary rehabilitation programme on lumbosacral radicular pain		S.Lenickienė (Lithuania)
12.15-12.40	Interventional pain management for pain of the cervical spine		O.Rohof (The Netherlands)
12.40-13.05	Surgery for back pain		S.Rocka (Lithuania)
13.05-14.00	Lunch & Industrial exhibition		
14.00-15.40	CANCER PAIN, PALLIATIVE CARE & NURSING		
14.00-14.20	Clinical experience with sublingual fentanyl tabs on baseline opioid therapy		V.Sosars (Latvia)
14.20-14.40	Main psychotherapeutical problems in palliative care		M. Karklina (Latvia)
14.40-15.00	Complex management of widespread pain in palliative care		D.Skorupskiene, A.Seskevicius (Lithuania)
15.00-15.20	Bone pain in oncology: practical experience with opioids		L.Keisa-Kirse (Latvia)
15.20-15.40	Ethical aspects of pain management		A.Blazeviciene (Lithuania)
15.40-15.50	Symposium closing & Farewell		